

The Big Questions November 2023

The Big Questions is the Foyer Federation's bi-annual survey on young people living in our member Foyers/supported accommodation services. We received 115 responses from 23 Foyers.

The responses come from Aberdeen Foyer, Basingstoke YMCA, Bath Foyer, Blackburn with Darwen Foyer, Bodmin Foyer, Braintree Foyer, Bridge Foyer, Carn Brea Foyer, Coops Foyer, Crewe YMCA, Dove Cott, Eastbourne Foyer, Enfield Foyer, Hatfield Foyer, Hereford Foyer, LandAid House, Monarch Court YMCA, Ravenhead Foyer, Salford Foyer, Sheffield Foyer, Swan House and Verve Place.

1. We want to influence decision makers to improve the systems that affect young people. What are the three biggest challenges facing young people today?

	Autumn 2023	Spring 2023	Summer 2022
Cost of living	66% ↓	75%	31%
Mental health	56% ↓	68%	77%
Housing	50% ↑	38%	44.5%
Employment	24% ↓	27%	35.5%
Relationships	14% ↑	13%	14%
Substance use	13% ↑	10%	20%
Loneliness	13% ↑	10%	18%

Cost of living is the biggest concern for the second time. The top four challenges are unchanged and remain in the same order as before, though housing is becoming increasingly concerning for young people living in Foyers.

2. What do you think is positive for young people right now?

	Autumn 2023	Spring 2023	Summer 2022
Support	16% ↑	10%	8.5%
Friends	11.5%	–	–
Nothing	9.5% –	10%	9.5%
Employment	9.5% –	10%	12.5%
Education	8.5% ↓	12.5%	8.5%

Having access to opportunities, technology and social media, and acceptance and equality were all mentioned several times too.

The responses to this question are submitted through a free text box. We have grouped the responses above to identify trends, and you can find each response in full in the appendix.

3. What do you think is worrying for young people right now?

	Autumn 2023	Spring 2023	Summer 2022
Cost of living	59% ↑	37%	44.5%
Housing	14% ↑	7%	10%
Government / broken system	7%	–	–
Employment	6% –	6%	5.5%
The future	6%	–	–
Violent crime	5% ↓	6%	5.5%
Mental health	5% ↓	13%	17.5%

Worries about the cost of basic necessities including food, rent and heating are growing, and the percentage of young people worried about their housing situation has doubled. Young people are also increasingly worried about the state of the world in general, with 7% mentioning our government and the ‘broken system’, 4.5% the climate, 3.5% drug use and 3.5% war and genocide.

The number of young people mentioning mental health has dropped significantly. This is unlikely to be because mental health is less of a concern, but perhaps because, unfortunately, essential physical or survival needs are more of a concern than previously.

The responses to this question are submitted through a free text box. We have grouped the responses above to identify trends, and you can find each response in full in the appendix.

4. What makes a Foyer a place where you can belong, feel inspired and develop your skills and confidence?

Friendly, supportive staff	36.5%
Connecting with a community of young people in the Foyer	21.5%
Opportunities, activities, trips, workshops	9.5%
Being able to speak and be listened to	8.5%

Feeling safe	7%
Specific building features / interiors, eg a gym, game areas	5%

Responses to this question highlight the importance of relationships and connections to a young person's personal development journey in a Foyer. More than a third of young people said that positive relationships with supportive staff made all the difference, and another 21.5% referenced their connections with other young people.

It's a helpful reminder for staff teams to reflect on how they facilitate relationships and build trust between young people living in services.

It also shows the impact of implementing Advantaged Thinking recruitment practices, investing in the training and development of staff, and streamlining processes to enable staff to spend more time working directly with young people.

The responses to this question are submitted through a free text box. We have grouped the responses above to identify trends, and you can find each response in full in the appendix.

5. How important do you think the following things are in creating the 'ideal Foyer'?

	1	2	3	4	5
A safe online space to communicate	6.33%	5.06%	22.78%	29.11%	36.71%
An online space tailored to what young people want and need	7.59%	6.33%	21.52%	36.71%	27.85%
Physical spaces tailored to what young people want and need	1.25%	6.25%	12.50%	26.25%	53.75%
Staff encouragement of social interactions and peer support	2.47%	7.41%	8.64%	27.16%	54.32%
Youth-led social spaces that create a sense of belonging and connection	1.25%	11.25%	17.50%	28.75%	41.25%
Visible celebration of young people's achievements in the Foyer	2.50%	5.00%	20.00%	30.00%	42.50%
Celebration of young people's achievements in digital spaces	5.19%	6.49%	25.97%	29.87%	32.47%
Specialist resources for learning, including WiFi, computers, books and materials	1.25%	3.75%	10.00%	21.25%	63.75%
Space and opportunity for individual learning	1.25%	2.50%	15.00%	23.75%	57.50%
Space and opportunity for group learning	1.23%	6.17%	17.28%	28.40%	46.91%

The elements young people highlighted as being the most important group towards learning, tailored physical spaces and connecting with other young people.

Overall, creating the right learning environment was the priority. Access to specialist resources was overwhelmingly the top priority, with individual and group learning opportunities both in the top five.

Staff encouragement of social interaction between young people was the second most popular. We know from the previous question just how important it is to connect with others in the community, and young people are asking for some staff support to make this happen.

Tailoring physical spaces to young people was also in the top five, underlining how important it is to involve residents in decisions about the use and look of the indoor and outdoor space you have access to.

6. How important are the following things to you in terms of how staff work with young people?

	1	2	3	4	5
Young people lead on how they're supported to achieve their goals	1.25%	5.00%	10.00%	38.75%	45.00%
Young people are actively involved in decision-making	4.94%	1.23%	8.64%	44.44%	40.74%
Young people are involved in developing their own individual support plan	1.25%	1.25%	10.00%	40.00%	47.50%
Young people can access life skill activities	0.00%	2.53%	5.06%	36.71%	55.70%
Young people can access healthy lifestyle resources, such as gyms	1.27%	3.80%	3.80%	26.58%	64.56%
Young people can access to mixture of formal and informal learning	1.27%	2.53%	13.92%	32.91%	49.37%
Young people feel safe and supported	2.50%	3.75%	1.25%	18.75%	73.75%
Young people are connected to a positive, thriving community	2.50%	2.50%	3.75%	36.25%	55.00%

Young people feeling safe and supported is, perhaps not surprisingly, most important to them when working with staff. This is the foundation from which trust is built. Having access to life skill activities, healthy resources like gyms and a positive community are the other three young people feel are most important.

However, all of these options were given a 4 or 5 by more than 80% of young people, showing the overall importance of each one to the whole picture.

7. What's something from the last few months that's given you a feeling of confidence, purpose or achievement?

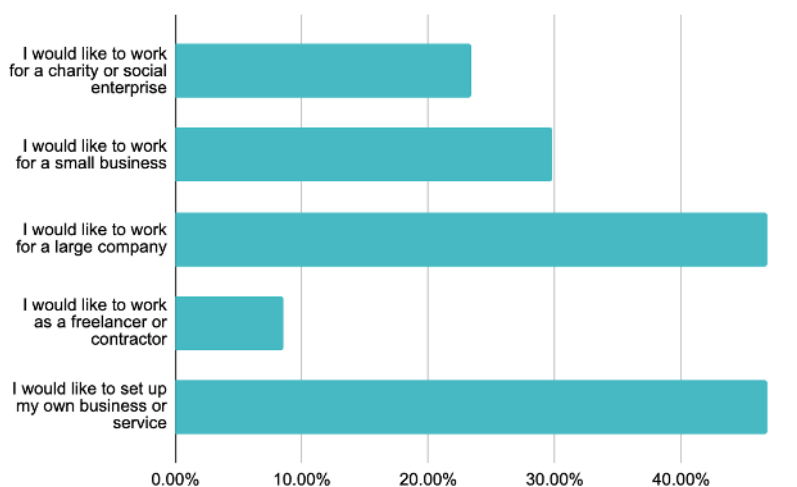
Supportive staff	14%
Family relationships	12%
Progressing in employment	11%
Friendships	11%
A child or pregnancy	9.5%
Progressing in housing	8.5%
Progressing in education	8.5%
Romantic relationships	7.5%

Young people's responses tended to focus on feeling a positive connection with others in their lives. They focused on lots of different kinds of relationships, including friendships, siblings, parents, partners and children, as well as the supportive relationships they have with staff.

When we think of Foyers as places of purpose, it's important to keep these relationships at the centre of our thinking, as well as those development areas with harder outcomes like employment and housing. We must reflect on how we facilitate these relationships, how Foyers can develop their sense of community within and beyond the service walls, and what role the Foyer Federation plays in growing the opportunities young people have to connect across the network.

The responses to this question are submitted through a free text box. We have grouped the responses above to identify trends, and you can find each response in full in the appendix.

8. When you think about your future, which of these types of work would you be interested in most?

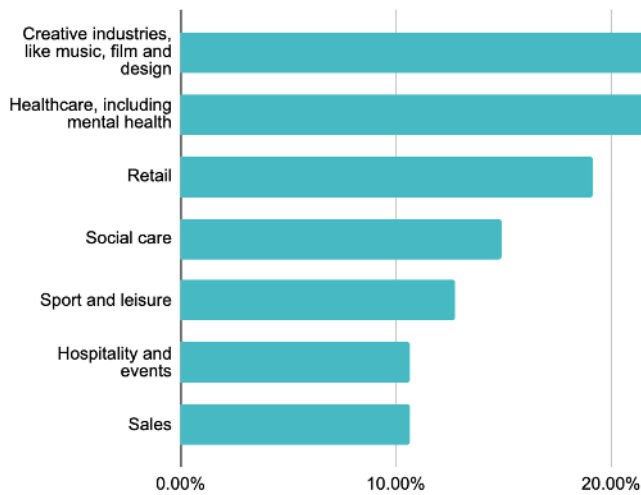


There is a flourishing entrepreneurial spirit among young people in Foyers! They are approximately equally interested in working for themselves as they are in finding employment in an established company.

What does this tell us? First, that employment skill sessions available

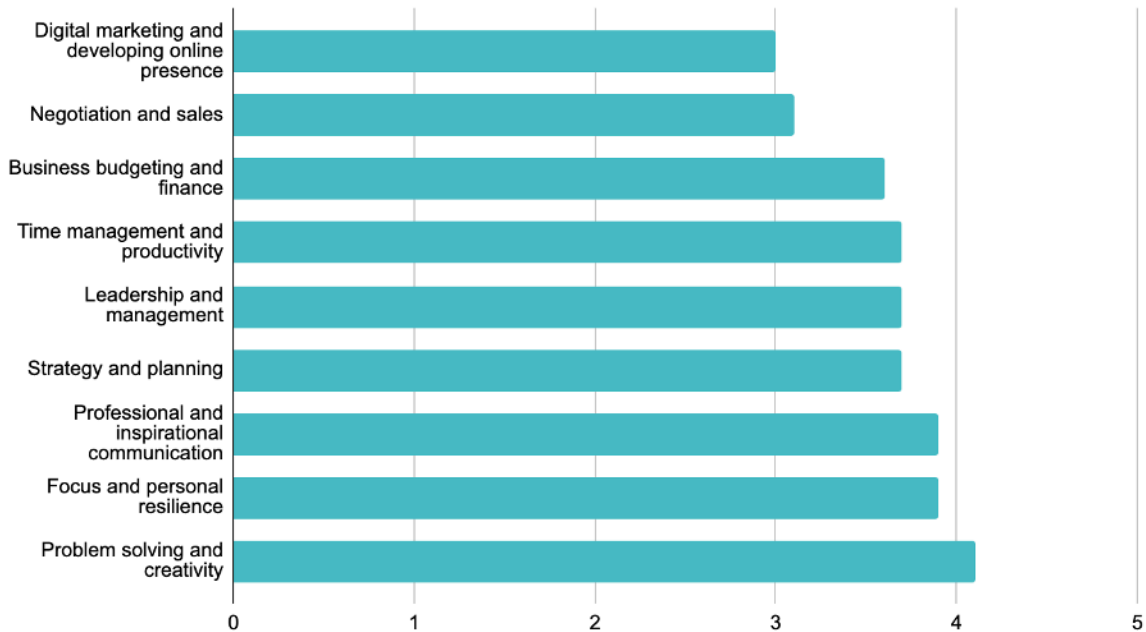
to young people must go beyond the traditional and include an eye on what's needed to work for yourself. And second, that we should explore how Foyers can develop that entrepreneurship and provide opportunities to grow it within the service. How might a youth-led enterprise look for your Foyer? What would young people need to begin?

9. Which industries interest you the most?



These industries were selected most often, giving a steer on the types of business to prioritise when seeking local partnerships. However, there was a diverse range with most sectors receiving at least one vote, reminding us to remain person-centred and be led by the young person.

10. We are looking into opportunities for young people to build the skills needed for work. How interested are you in developing the skills below?



11. What is an area of life you would like to have more power or influence in?

Finances and money	20.83%
Employment options, including entrepreneurship	19.44%
Housing options and move on	11.11%
Decisions about personal life and future	9.72%
Making a change in the Foyer	8.33%

These responses present a challenge to the Federation to make more space for and develop partnership working with young people in these areas. Greater change is needed on a societal level to unlock certain areas, but there are important changes that can be made on a Federation or service level too.

Are there changes you could make to your policies and procedures that could give young people greater influence over their finances? Or initiatives you could develop to do this? Where might young people be able to have more of a say in the employment opportunities on offer, or take a lead in this area?

For services exploring ways to establish and deepen a power-sharing culture with young people, you may find helpful stories and resources on our website to learn from others and support your work.

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12. Which of the following do you think needs to improve the most to create a better experience for young people who have experienced homelessness?

#1	Affordable move-on accommodation, including when working
#2	Universal credit and wages rising to meet the cost of living increases
#3	Accessible and person-centred physical and mental health support
#4	More suitable options for emergency and temporary accommodation
#5	Access to wellbeing opportunities, such as sports and leisure facilities
#6	Fair access to opportunities for employment
#7	Access to quality, flexible education opportunities

These responses will feed directly into our new strategy (April 2024) and influence how we prioritise our influence going forward. We encourage Foyers to reflect too on ways to move the dial locally.

13. How would you rate your Foyer's ability to help you progress in these areas?

	1	2	3	4	5
Housing, including independent living skills and move-on options	0.00%	0.00%	18.60%	32.56%	48.84%
Education, including informal learning, qualifications and external training	4.76%	0.00%	19.05%	30.95%	45.24%
Employment, including work experience, work skills and job opportunities	2.38%	16.67%	7.14%	33.33%	40.48%
Health, including improved wellbeing, health activities and nutrition	0.00%	6.98%	16.28%	27.91%	48.84%
Social skills, including making connections in the community, engaging with others in the Foyer and managing relationships	0.00%	4.76%	7.14%	30.95%	57.14%
Personal development, including helping you to progress the goals you want to achieve	0.00%	9.30%	9.30%	23.26%	58.14%
Finance, including skills for managing money, paying bills and future planning	0.00%	4.65%	13.95%	23.26%	60.47%

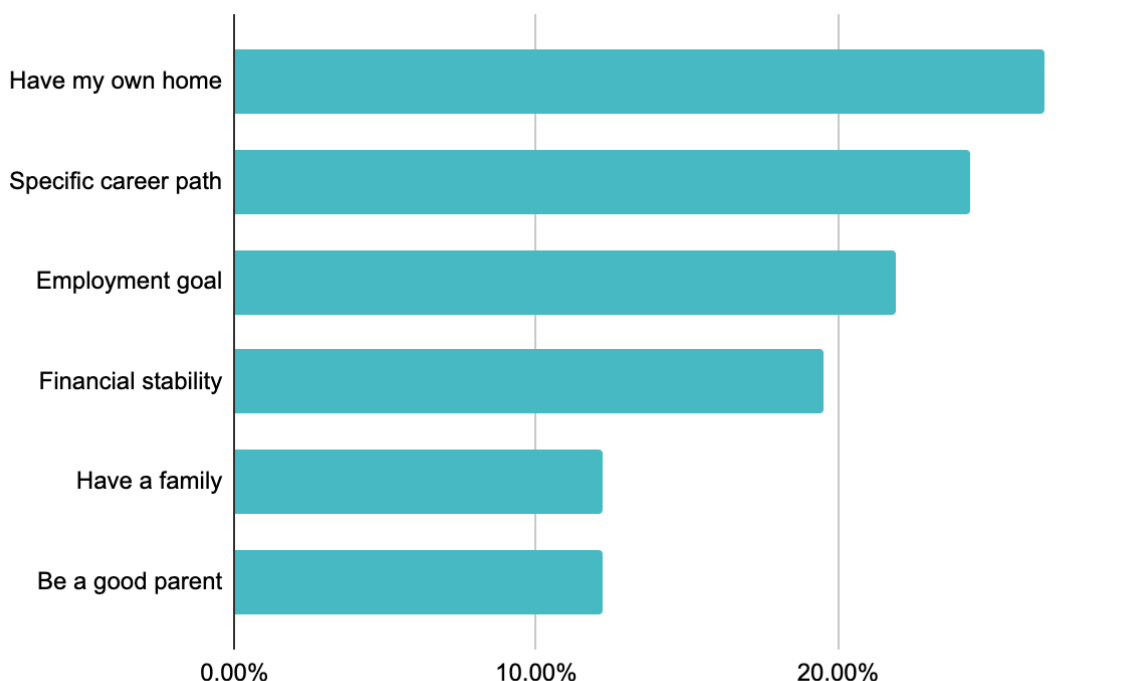
It's really positive to see that young people feel well supported in developing their social skills – an area that has been highlighted as being important throughout this survey. They also highlighted feeling well supported in financial skills and personal development.

The two areas with lower scores overall are employment and education. This may be because Foyers' ability to help young people progress only goes so far in these areas – for example, if appropriate employment or flexible education opportunities simply are not available.

The Advantaged Thinking Learning Community is one way the Foyer Federation is responding to this need, co-developing a network wide community and platform that gives staff and young people a consistent, high-quality group and individual learning.

Improving equitable access to appropriate employment opportunities is a potential focus of the Foyer Federation's strategy for 2024-30.

14. What are your hopes and ambitions for the future?



The responses to this question were as diverse as the young people who responded. However, we saw some key themes emerging. Just over 26% of young people shared their hopes of having their own home. 24% described a specific career path they want to follow, and around 22% shared another employment-related goal.

In the previous survey, the themes were around independence, stability and freedom. This time, stability remained a key trend, as well as becoming independent in terms of finances and home. Desires to travel, learn to drive or other goals around 'freedom' were less prominent than previously (though not gone altogether!).

The responses to this question are submitted through a free text box. We have grouped the responses above to identify trends, and you can find each response in full in the appendix.

15. How well does your Foyer listen to what you think?

	Autumn 2023	Spring 2023	Summer 2022
I tell them what I think and things happen as a result	64.9% ↑	55%	68%
I tell them what I think but it takes a long time for things to change or I'm not kept up to date	18.4% ↓	24.3%	19.2%

I tell them what I think but it's very rare that anything changes as a result	10.5% ↓	13%	6.4%
I could tell them what I think but I don't because I doubt they would do anything	5.3% ↑	4.7%	4.8%
I don't even try to tell them what I think because they don't want to listen	0.9% ↓	3%	1.6%

It's positive to see an increase in how well young people feel listened to in Foyers, and even better that the number who see positive change happen quickly has risen too.

The number of young people that wouldn't even try to speak up has fallen to below 1%. It's encouraging that even those that doubt change will happen have increased confidence to try.

16. How would you most like to make your voice heard or offer help in your Foyer?

	Autumn 2023	Spring 2023	Summer 2022
Talking to staff	73.9% ↑	64.7%	58.8%
Suggestion boxes	28.8% ↑	27.5%	25.8%
Resident rep or ambassador meetings	25.2% ↓	31.1%	17.7%
Surveys	22.5% ↓	24%	18.5%
Group meetings	20.7%	–	–
Open door sessions by managers	19.8% ↓	28.1%	11.3%
Emailing staff	17.1% ↓	24.6%	16.1%
An online forum or app	17.1% ↓	19.8%	20.9%
Speaking to a resident rep	16.2% ↓	18.6%	5.6%
Other	1.8% ↓	3%	–

Talking to staff is consistently the most popular option, highlighting the importance of trust-based relationships.

We added a new option – group meetings – which may have contributed to resident rep meetings moving from second to third choice. These were both selected by more than 20%

of young people, showing the value of exploring both options – those with specific roles and those without. Services may wish to consult young people about the ways in which they would prefer to work with each other to make changes in the service.

17. How much would you like to be involved in leadership in your Foyer?

	Autumn 2023	Spring 2023	Summer 2022
I would like to contribute my ideas through a survey or conversations from time to time	37.4% ↑	33.7%	41.2%
I would like to be invited to decision making meetings with staff	33% ↑	26.3%	15.1%
I would like to contribute my ideas in group sessions without committing long-term	23.5% ↓	26.3%	18.2%
I would like to be part of a small group of young people committed to leading change	18.3% ↓	29.1%	13.5%
I would like to be given specific responsibilities/roles in the Foyer, eg interviewing new staff	17.4% –	17.7%	11.9%
I don't want to share my ideas	15.6% ↓	18.3%	23.8%
Other	2.5%	4%	

The number of young people who are interested in contributing to leadership in the Foyer has increased to 97.5% – a very positive trend towards increasingly youth-led services!

Young people who would like access to one-off or low-commitment opportunities remains consistently high. At the same time, more young people are interested in making a more in-depth commitment: a third of young people would like to be involved in decision making alongside staff. The number of young people who would like to be part of a small group committed to leading change has dropped by around 10% in favour of this partnership approach with staff.

These results underline the importance of offering a variety of opportunities for young people to get involved with that facilitate different levels of commitment, experience and time available.

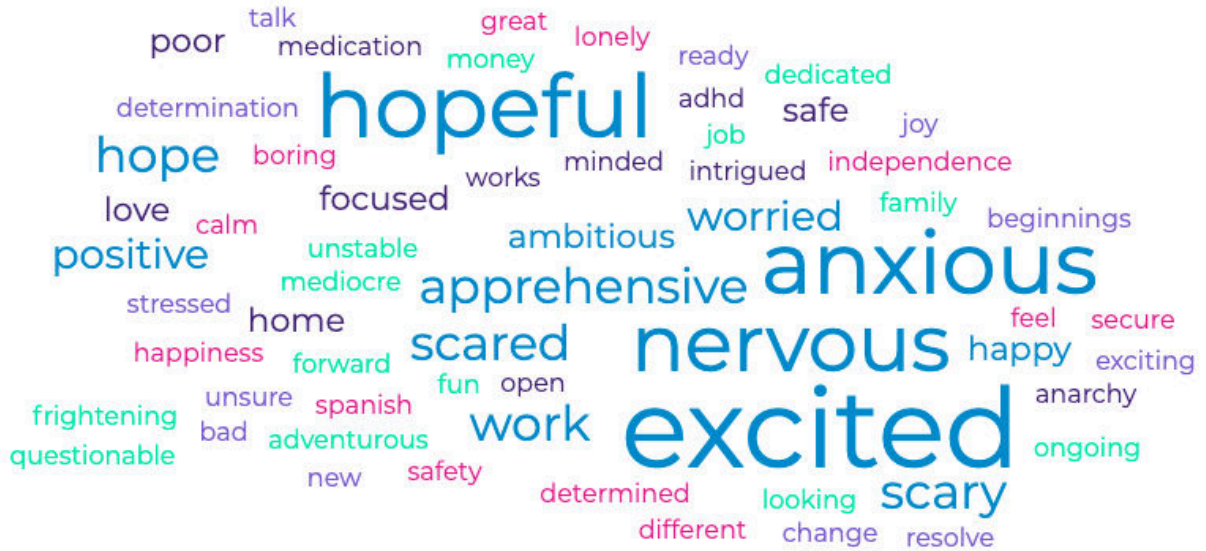
18. How confident do you feel speaking up about the issues you care about?

Score of 6.9 out of 10 on average – slightly up from 6.8 previously.

19. How confident do you feel taking action about the issues you care about?

Score of 6.8 out of 10 on average – slightly up from 6.7 previously.

20. What three words describe your feelings about the future?



21. How positive do you feel about the future?

Autumn 2023	Spring 2023	Summer 2022
6.7	6.5	6.2

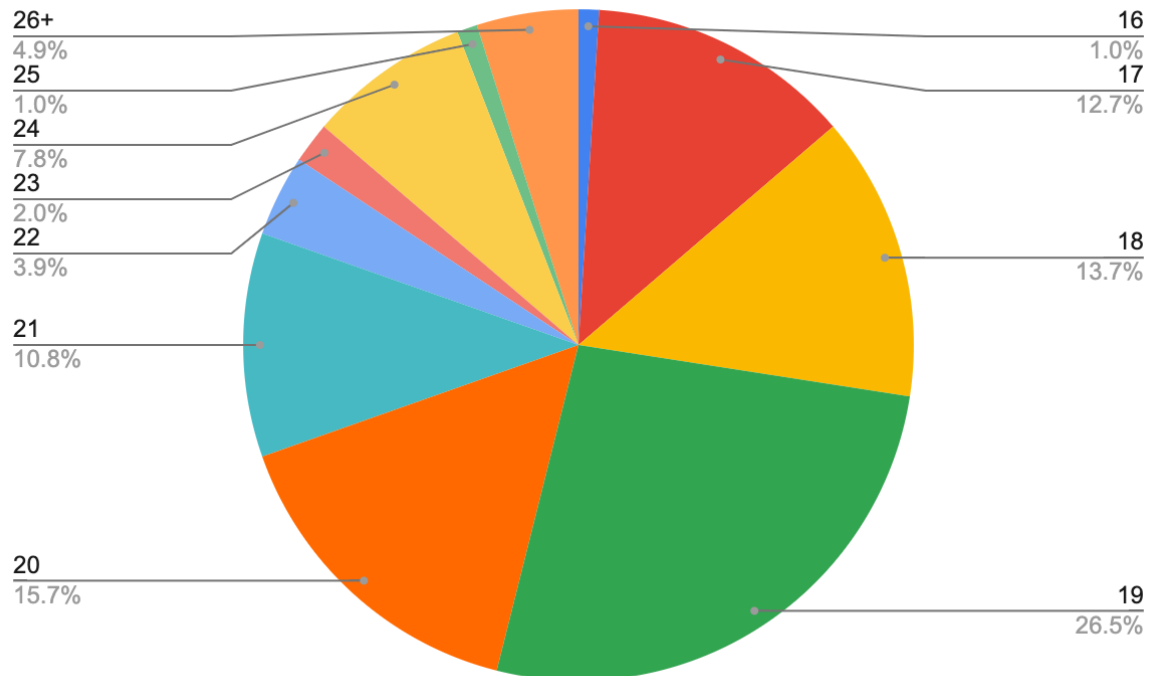
22. How likely do you think it is that you will achieve your ambitions in life?

Autumn 2023	Spring 2023	Summer 2022
7.1	6.8	6.7

It's encouraging to see a consistent upward trend in both of these areas, despite the increased challenges in the wider world of late.

Diversity and inclusion

Age



For each of the following characteristics, we asked young people to self-describe rather than offering options for them to select from.

Ethnicity

White	89.01%
Black	5.49%
Arab	2.20%
Mixed	2.20%
Asian	1.10%

Nationality

British	89.00%
Ethiopian	2.00%
African	1.00%
Caribbean	1.00%
English	1.00%

British Caribbean	1.00%
Pakistani	1.00%
Sudanese	1.00%
Tigirina	1.00%
Irish	1.00%
Yemeni	1.00%

Sexuality

Heterosexual	70.93%
Bisexual	12.79%
Gay	6.98%
Lesbian	3.49%
Asexual	2.33%
Pansexual	2.33%
Omnisexual	1.16%

Gender

Female	55.66%
Male	39.62%
Non-binary	1.89%
Human	0.94%
Genderqueer	0.94%
Agender	0.94%

Six young people identified as being transgender.

Religion

None	70.71%
Christian	15.15%
Unsure	3.03%
Muslim	3.03%
Spiritual	3.03%
Catholic	2.02%

Pagan	2.02%
Orthodox	1.01%

Disability

Yes, I have a learning disability	17.59%
Yes, I have a mental health disability	27.78%
Yes, I have a physical disability	8.33%
No	61.11%

13% young people have more than one type of disability.

Appendix

Question 2: full text responses

UC cost of living support	nothing that i know of due to my experiences	Working and being in college	
exercise	work and education	work	support
The access to support you can receive through foyers		People are more open to talk about feelings compared to before	
nothing at the moment	I've just got my own flat	Learning opportunities	Able to gain education
nothing	equality	pizza	relationship
To be grateful even for the little things that occur throughout life.	With the help of social media, news and awareness can be spread easier	Having a good social life and having someone to talk to about the difficulties we face in life is the most important thing for young people like us right now.	
friends	community	acceptance	friendships
education	Social media	Internship	Education
All the engaging events	All the support available	Access to the internet	There are tons of charities worldwide
Everyone is connected due to the internet	Get the correct information and advice	The fact there are so many people that are there to support	To communicate with other people about how they feel
people who have access to foyers have somewhere to sleep at night that is safe		Just to make new friends	Just secured a full time apprenticeship
Social media	Opportunity	Nothing	Education
Not much!	Family	family	My family
My daughter, Support from friends and family	Young people can relate to each other because we are all going through similar struggles		Honestly, not alot: Opportunities are scarce
unsure	sports	Not much	Not alot
my work experience has been extended	My life- I've made new friends since	Understanding their potential and expressing themselves without any	

due to my hard work	covid	prejudice	
Not much	sports	working	Access to services
A range of support	Being social	coops foyer	Our future
Local Pride Support Groups	Support for mental health	opportunities if they take them	my upcoming new job
Education and opportunities for work are everywhere if you take a closer look		their future lives if they take opportunities and step away from their comfort space	
The chance to be independent, The opportunities provided by these courses		My housing situation at the min is something i find positive in my life	
Being moved into supported accommodation where I have been helped to progress, get support for my mental health and health and get a job.		More people are open to change and learning about peoples rights	they can make choices about their life, get a job and live independently
Opportunities to travel be anything they want ,live anywhere, That they have freedom and choice		That they are free to make decisions about their life, someone else is not controlling them	
stability ,home, safe	my friendship group	Not much	The future
In my life I am looking to think about university ,something i did not think would ever be possible for me		They can achieve anything they want , if they work hard	That they live in peace in this country and not war zones
friends	Social media	Exciting future	Being independent
my friends, my phone, the staff at bridge foyer	Opportunity to make a change to climate and society	They have hope and time to do anything they like	Hope that the world will be a brighter place
more opportunities for younger people	being able to learn new skills when it comes to independent living		Being able to socialise
support	music	music	The support we get
The awareness that is given to other people about the struggles that young people face. By having this, it allows more people to help others in need.			
My ps5	A good friend group	Friends	Work and study
Art, music and creating	We try and band together to make changes. we're also an open and accepting generation generally.		

Question 3: full text responses

poverty	Cost of living rises	COST OF LIVING	money
the cost of living, financial problems, finding a job	Is everything an option? Multiple genocides are happening, people can't pay their rent and eat food at the same time, our government wishes to slowly strangle the poor.		
dont think people are educated to know where to get help for mental health		increase in substance misuse	Everything, money, health
money	Cost of living	loneliness	Housing options
Knife crime and violence	Money. As the rent is high in the Foyer	Commitment and money	not bettering their self for the future
being able to afford to live with the cost of living and how little uc is	The future regarding financial, environment, available housing	The most worrying thing for young people is the fear of living alone away from our families and having to cope with the high cost of living.	
pizza	Cost of living	housing	cost of living
Rent and money	Social media	Cost of living	whats ahead
Cost of living crisis	Substance use	Social media	The unemployment
Social media	Crime rate	Social media too	Everything
Cost of living since it impacts most aspects of life		Not having hot water or heating	The future, cost of living, inflation
Cost of living/housing	The fact that some people are separated from each other		Employment and housing
My old in bathrooms, unsafe living conditions	Cost of living, prices are constantly going up	Crime rates and safeness of the streets	cost of living and where we are going to live
Being able to pay bills and afford food	The lack of concern from the government about us and how much money we get		Cost of living, Violence
Housing and COL	The way the world is	Cost of living	money
housing	Cost of living	housing and jobs and mental health	
Money, lifestyle	housing	Knife crime	Cost of living
Cost of living (Gas,	How they will	Drugs are to easy to	lack of money and

electricity)	manage in the future	access	jobs
The cost of everything like gas and electric.	Mental health made worse by cost of living crisis	The cost of living and minimum wage work traps	How easy drugs are to access worries me
Young people are facing a competitive job market and an uncertain economic future. They worry about finding stable employment, getting ahead financially, and affording the basics of life.		the lack of money and cost of everything, this limits what they can do in their spare time	society is fractured, people are not kind to each other, cost of living crisis and climate change, their future is at risk
Money, cost of everything	lack of money and cost of food	money and lack of opportunities	the cost of food and things in the shops
Financial worries	finances	Cost of living	Their future
Losing people	Tik tok	Financial worries	adults wrecking it
climate and money	Lack of money	having no money	Cost of food
There is a lot of judgement from others, on social media and tv		Future climate and money issues	Money and the cost of food
being short of money	Mental health - lack of support	the state of the world, fighting and unrest, having very little money	
No money	cost of money crisis	World at war	mental health
Money, mental health, housing	A broken system and the government lacking in doing the right positive changes		
money	life	loneliness	The future
cost of living and the increase of day to day items		The state of the world, Debts and housing costs, food prices	
Growing up	money	money	The house and work
The abuse that they go through, and the fact that they have to endure it based on the lack of support that they receive or because they don't realise that what they are going through is abuse so they can't seek any support.		Climate change, war in other countries, knife crime in the uk and the fear of not being able to afford food or housing.	The government is screwing the young people, putting the rent up, housing crisis and education costs. The list could go on

Question 4: full text responses

people being around to talk to all the time	routine, support with moving on	Having staff to speak to	Having staff available and help
having the support to get where i need to be	SUPPORT, GUIDANCE AND SAFETY	A positive environment can really boost your confidence and help you become better within yourself	
The staff make it a place that give us the ability to be inspired and want to join in on activities that'll help build our resilience and confidence, and the activities provided help us to build confidence		The foyer provides a stage where you can exchange your life experience with people our age and it provides various recreational and interactive activities that builds our skills and confidence.	
Social interactions	Staff	Pizza	Sessions
Staff and people to talk to	Staff available to talk to	your home feeling like home	People around me, staff support
positive atmosphere	The people	Interiors	The friends
decorated better more space	good community and friendships	the people around you	Have my own bathroom
Sense of community, connecting, relationships, staff/peer support	meeting people with common interests and encouragement to keep going forward	People,interiors, being kept informed about opportunities for skill development	Safe space ,conversations about support and what i need , community
Game areas	The people	Friendly staff	Staff
The people are friendly and the opportunities on offer are good	all the staff are so friendly and i know i can go to them for any help or guidance and they will always do there best to help or advise me	Group events help people to open up and connect with other young people	
I am unable to live in my room currently because there is an ongoing mice problem. It is affecting my health because I am commuting long hours to and from school and my mental health because I have a phobia of mice and other rodents. I don't have a sense of belonging to the foyer anymore because I feel like if I can't cope and cohabit with the mice then I cannot live there			The positive community and support that we get from the staff that helps us want to strive for me
The staff and people are lovely to get on with	Feeling supported when going through tough times	Having a good relationship with staff and residents.	good support, engagement, opportunities

Polite staff respectful	Most of the staff are helpful and friendly	Being able to speak about things	The workers who want you to do well
Not really sure	The people	The staff's support	My friends
people listening to you	Activities that they provide	Somewhere I can grow	A place where I can be myself
The support I have received from staff has really helped me.	safe space, welcoming staff always ready to listen	Lots of space and activities to better yourself and develop skills	Good support workers like Toni Lee and a good friendship group
having staff to talk to , having other people who know what its like to live alone and feel safe in your home	Safety is very important to me , I like chatting to my support worker and other people who live at the foyer	They listen to me, I feel safe , I feel valued and believe that they care about young people's future	Feeling safe really helps me and being able to chat to someone about my feelings and concerns
Safe,staff to talk to	Where I live	Atmosphere	Working
Tonilea support worker	use of gym and trips and support	Safe, friendly staff and support	
Feeling safe, sense of belonging with a community of people that understand what's has happened to you		I have independence but also have staff if I need them	The staff are friendly and there when you need them
The right resources, materials, available staff, maturity and open mindedness. Also a safe and positive place to learn and improve yourself.	The support workers are a big help when it comes to coming to the foyer or beginning the journey. They support and help you through your hard time and they give you all the support that you need and more. They also push you to step outside your comfort zone and do things to build your confidence and make friends. The sessions that the support workers host, are really effective and fun to be in, as it helps a young person learn more skills whilst in the process of making new friends.		
I enjoy doing this, engaging in conversations about social dynamic and the world.		The support workers offer a lot of support and help towards moving on, they are amazing	

Question 7: full text responses

playing games and asking for support	Knowing that I am moving out, put on	I recently completed my Construction	Completed hairdresser level 2
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when i needed it	priority	course.	certification
i enjoy reading	starting a new job	Self care	Writing music
having stability and employment	STARTING NEW JOB	Making new friends at the Foyer	relationship with people
being given the support and help to reach out to doctors to get assistance for my mental health, that's my biggest achievement right now		Watching my daughter grow into the confident girl she is	Being able to be open about who I am and not hiding it anymore
Staff	Nothing	Attending College	Pizza
The Galactic Awards	seeing peers happy	my partner and baby	My baby
gaining a new apprenticeship	progress in science research	i might have a flat of my own	Band, and engaging with events
Getting out of homelessness	Learn English and talk to people	My football and family	Staff helping with my mental health
The family	No comment	Being disciplined	Living independently
Being involved in foyer fed , helping residents and others including new residents moving in	The fact that I am achieving a higher grade in my academic studies and the good level of social interaction I am having with the people at the Foyer gives me confidence and sense of achievement.		I have changed college course and had a lot of foyer staff support to achieve this
Having own home with staff support and guidance, advice on bills. learnt to ask for support.			Recently started a paid internship
finally getting a place and living by myself	Receiving a promotion at work made me happy	achieving my place at the foyer was a moment of proudness as i have tried and worked so hard to get where i am today	
My pregnancy	My child	My son	My son
My child	I don't no	unsure	My Child
Manager at dove cott being supportive	getting employed and having experience	I have felt empowered to make decisions about my future , where to live and whom I will share it with	
help from staff with being housed	Finding housing and securing finance	family and going to the gym	my friends and education
Making visual media	My baby	My mother	Travelling & Friends

Food	My sister	My family	Dance in college
Making new friends	My friends and spite	Helping others	My job
My partner	The work	my partner friends	My family
my family and friends , my future aspirations for career	Making new friends and being brave enough to come to activities	making my self become a better person that my mother is	Having support with staff to return to college when i was feeling anxious
Getting my life back on track, getting offered a flat at Davy House, meeting my support worker, being helped to get a GP, Mental Health support and getting a job.		The confidence and uplifting that I have receiver from all the staff and the friends that I have made who are going through the same as me.	
I have been away with friends	My partner and siblings	a interview to gain employment	my friends, my online friends
Being needed by my friend and boyfriend, i have started to volunteer	Being back in college and smashing the course	My family, Having meaningful connections and a sense of self worth	Building my confidence by making new friends where I live
my partner and family	My boyfriend and his support of me	I can now bid for a property	Having supportive people around me
Gym	friends	positivity	My family
Volunteer work	Making a difference to someone or somethings life (people or animals)		
My friends online which I choose to be my family, also access to the right help, recourses.		knowing that since i've moved into the foyer my relationship with my family have gotten a lot stronger	
Moving into the foyer and finally being able to be myself, choosing a career path for myself and learning who I really am		I have been to see a gig and it was amazing	My relationship and having someone who cares about me
The help the staff give you	I don't know right now	I feel that I have achieved confidence in myself by making new friends which I wouldn't of done a few months ago	

Question 11: full text responses

government choices	Animal welfare	Money, cost of living	Public speaking
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Core and confidence	Decision on how to decorate the Foyer	the mice problem at foyer	To start my own studio
cost of living	Cost of living	My future career	takeout
i would like more power over how i handle my emotions		starting own business	MY CAREER PROSPECTS
Making it easier to get my own accommodation	Get involved in more activities - Not just working	Learn English and start the job I love (Sales Officer)	Having more time to myself would be ideal
Job opportunities	finding housing	money	Head space
Not sure	money	My work	No idea
sports	Practical life	unsure	my education
Having my own place and not having to share things	I would prefer if we were involved in the decisions that older people are making for us as we know what support we need more than them		That I am seen as an adult , but my age prevents that in the eyes of the law
education - more choices - no limitations	Hospital work, becoming a health care assistant or be apart of the ambulance crew		Acceptance of diversity and of gay couples.
The new generation	Things in foyer	Personal life	My financial status
work	Move on	My life	Work and money
money	social	In the foyer	Having more friends
Financial management	My housing situation	Within the foyer and housing	The certainty of my future
There isn't anything	living independently	my future	money
to have my own home, and live a comfortable life without worrying about money	I would like to have more influence on my mothers life, so she can possibly get sober and accept treatment		Young people in councils and governments
money	my future work	Work and housing	Work and money
housing	Social adaptation	Confidence	money
Me personal life	Don't know	Animals at the ym	combination

Question 14: full text responses

well paid job	to work with cars	To move out	To have a family
To work with people in health care	To work in the film industry	to live and work in Spain	to have a well paid job
To work ,be happy, change my name legally	To raise my child and give him/her the best of life	to have my own property ,have some money	to have my own family and be secure
to sell into my own place and be able to find a job to get of off benefits		To have a home and family	to have a career,my own home
to get back into work and finally move into my own home.	to get an apprenticeship with Shell	To live independently and be in a position to help others. To progress in my administrative career	
to have a job and live in my own home with my partner and have children	to be able to give my baby a good life and manage my own life too	My hopes are to be a successful chef/artist of some kind, with little to no worry about having to budget 2 months at a time	
To give my daughter the life she deserves	To do better in life and succeed	To become an conscientious leader	to be safe in my own property
To be successful, and have a career that I love	To be confident in living on my own with my son and being able to pay my bills	To be a midwife	To be a good mother